



39 Agreement are infused in public programs statewide for all individuals with disabilities,  
40 the sustainability of the reforms that are discussed in this report is heightened.

41 As is detailed below, the State is largely meeting its benchmarks and it is making  
42 significant, sometimes ground-breaking, progress in retooling its systems in fulfillment of  
43 the ADA. This has not been a simple, linear process. The Settlement Agreement  
44 required that in this first year, a multitude of new services and procedures be launched  
45 simultaneously, inevitably causing some disruptions, uncertainty and unanticipated  
46 challenges. In some instances, these concurrent changes affected the State’s ability to  
47 meet its implementation target dates, for instance, in recruiting mobile crisis staff in an  
48 environment of newly heightened competition for mental health professionals (due to  
49 other expansions required by the Agreement). In addition, as is referenced repeatedly  
50 below, DSAMH is seriously challenged by fragmented, outmoded and ineffective data  
51 systems that are critical to its management of services and future planning.

52  
53 Still, at this juncture, things are finally settling into a new—and better—“normal,”  
54 whereby longstanding gaps in services (particularly in the southern counties) are being  
55 addressed and new initiatives supporting integrated community living are being put in  
56 place. Most significantly, the State’s reform efforts are translating into real, palpable  
57 changes for individuals with SPMI. The Monitor has had an opportunity to meet with  
58 several beneficiaries of the Settlement Agreement—all of whom with long histories of  
59 institutional segregation, multiple psychiatric crises, homelessness or involvement with  
60 criminal justice systems. They are now living in ordinary, scattered-site housing,  
61 receiving flexible community-based services and supports. Their days are spent in such  
62 mundane activities as shopping, cooking, housekeeping, or working. Given that just a  
63 year ago, these individuals would likely be living in hospitals, correctional settings or  
64 congregate facilities, this is a remarkable achievement. As contemplated by the  
65 Settlement Agreement and, more broadly, the ADA, these individuals are living “like the  
66 rest of Delawareans.”<sup>1</sup>

## 67 68 **II. Sources of Information**

69 The findings presented here are based upon a broad set of information sources. They  
70 include regular meetings with the leadership of DHSS, DSAMH, various state agencies  
71 and providers; peer advocates; local chapters of organizations such as Mental Health  
72 America and NAMI; the Delaware Psychiatric Center (“DPC”) and other psychiatric  
73 inpatient providers; and individual consumers of public mental health services in the  
74 state. In addition, the Monitor has convened or participated in a number of work groups  
75 dealing, for instance, with issues such as legislative reform, risk management, discharge  
76 planning, housing, and data systems. The Monitor has also reviewed numerous reports,

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<sup>1</sup> Settlement Agreement, Section II.E.1.a

77 policies, minutes, inpatient and outpatient case records, data sets and other material  
78 relating to implementation. Without exception, the State has continued to provide the  
79 Monitor with requested information, facilitated access to any individual or group with  
80 whom the Monitor sought contact, and otherwise offered full and helpful assistance in  
81 carrying out the monitoring functions delineated in the Settlement Agreement.

### 82 83 **III. Infrastructure and System Configuration**

84 The Monitor’s January 30, 2012 report on implementation during the initial six months  
85 referenced two areas not specifically delineated within the Settlement Agreement as  
86 requirements, but nonetheless critical to meaningful implementation:

- 87 • Stakeholders’ understanding of measures required by the Settlement Agreement and  
88 the ADA and the *Olmstead* decision which underlie these requirements; and
- 89 • Reconfiguration of public systems to comport with the Settlement Agreement,  
90 including centralized oversight to ensure that services are least restrictive, most  
91 integrating, and meeting the needs of people with SPMI who are served in public  
92 programs.

93 The State has made significant progress in each area.

#### 94 95 96 **A. Stakeholders’ Understanding of the Settlement Agreement**

97  
98 In the initial report, the Monitor found that, notwithstanding the fact that the ADA was  
99 enacted over twenty years ago, a meaningful understanding of this pivotal legislation and  
100 its implications for practice tended to be limited to managerial staff system-wide. On a  
101 direct service level, staff knowledge about the ADA was often superficial, with little  
102 evident impact on their interventions with individuals. As a consequence, longstanding  
103 practices that are at odds with the ADA and *Olmstead* continued without question.  
104 Further, people being served by DSAMH’s programs often had at best a vague  
105 understanding of their own civil rights. Accordingly, the Monitor recommended training  
106 on the ADA, the *Olmstead* decision and the Settlement Agreement with the goal of  
107 increasing stakeholders’ understanding of the underlying principles and their practical  
108 meaning.

109 In the ensuing months, DSAMH has provided relevant training—sometimes involving  
110 the Monitor—within DPC (e.g. with Recovery Academy staff, social work staff and  
111 medical staff) and externally (e.g., with professional organizations such as the Delaware  
112 Organization of Nurse Leaders, police chiefs, judges, the Sussex Mental Health Task  
113 Force, the Sussex Interagency Council, and the Delaware Rural Health Initiative). These

114 trainings continue on an ongoing basis. A number of town hall meetings have been held  
115 across the state, including representatives from DHSS, NAMI, the Mental Health  
116 Association in Delaware (“MHA”), the Delaware protection and advocacy agency,  
117 leaders in consumer-run coalitions, consumers, families and other concerned citizens.

118 Furthering these formal training efforts, the local news media has been actively covering  
119 the Settlement Agreement’s implementation and related reform efforts (such as the new  
120 mental health legislation discussed below), thus increasing awareness of the ADA and its  
121 meaning among the general public. Notably, the Summer, 2012 newsletter of MHA  
122 included an extensive interview with the Monitor relating to the ADA and the Settlement  
123 Agreement; this publication was promulgated as an insert with the state’s major local  
124 newspaper, thus getting very wide circulation.

125

## 126 **B. System Reconfiguration**

127 The Monitor’s initial six-month report cited two structural aspects of Delaware’s public  
128 mental health system that were in conflict with the requirements of the Settlement  
129 Agreement in that they have promoted unnecessary institutional segregation, confounded  
130 appropriate oversight, and complicated effective community services. These were the  
131 poorly controlled use of civil commitment and DHSS’s oversight of psychiatric inpatient  
132 care.

133

### 134 **A. Civil Commitment**

135 The Monitor’s last report referenced various gaps in legal protections against the  
136 unwarranted detainment, hospital confinement and continuing court oversight of  
137 individuals with SPMI. As a consequence, individuals on the Targeted Population List  
138 were at unnecessary risk of involuntary hospitalization and the attendant trauma, as well  
139 as questionable legal coercion via outpatient commitment orders. As a case in point, the  
140 Monitor’s report presented the story of Mrs. L, an individual with SPMI who was  
141 actively engaged in community-based treatment. Although not dangerous to herself or  
142 others, Mrs. L came to be transported in handcuffs by police from an emergency room  
143 (where she had come on her own with delusional physical complaints) to a psychiatric  
144 hospital. Notwithstanding the fact that she was not a danger, she was subsequently  
145 civilly committed on the basis of dangerousness. The outpatient team that had been  
146 providing Mrs. L with comprehensive community based services was not consulted about  
147 these actions. There is good news relating to Mrs. L. She is no longer subjected to court-  
148 ordered treatment and, in fact, as a beneficiary of the Settlement Agreement, she is now  
149 successfully living in her own apartment with continuing community supports.

150 There is also good news to report on a systemic level. The Delaware legislature recently  
151 enacted House Bill 311 and House Joint Resolution 17, both signed into law by Governor

152 Markell on July 24, 2012. House Bill 311 rectifies an issue that directly affected Mrs. L;  
153 it requires an assessment by a qualified mental health screener before an individual is  
154 detained on a 24-hour psychiatric hold, thereby helping to ensure that detainment and  
155 hospitalization only occur when it is clinically necessary and that the individual is  
156 afforded appropriate access to the less-restrictive alternatives being developed across the  
157 state. This legislation also updates the mental health law that had been in effect in  
158 Delaware for many decades, incorporating language about community integration,  
159 requiring that care be provided on a voluntary basis whenever it is feasible, and removing  
160 an unintended incentive for civil commitment whereby in certain circumstances, the State  
161 would only underwrite involuntary hospital care.

162 Having thus remedied some immediate critical problems, the companion legislation,  
163 House Joint Resolution 17, creates a study group to evaluate the State’s mental health law  
164 in its entirety and to make recommendations for further reforms. Governor Markell,  
165 Cabinet Secretary Landgraf, members of the legislature—in particular, Representative  
166 Barbieri—merit great credit for engaging a broad array of stakeholders with very diverse  
167 perspectives and quickly moving these important bills to enactment. As the provisions of  
168 House Bill 311 become effective, significant “front door” issues that have culminated in  
169 unwarranted hospitalization and legal coercion should be rectified. Furthermore, the  
170 statewide processes for responding to psychiatric emergencies should become much more  
171 aligned with the State’s obligations under the Settlement Agreement. The study group  
172 that will be formed under House Joint Resolution 17 will have an opportunity to further  
173 these gains.

174 The Monitor’s initial report also referenced the frequent use of continuing outpatient  
175 commitment orders following involuntary hospital care. In conflict with *Olmstead*, these  
176 outpatient commitment orders place significant numbers of individuals within the Target  
177 Population under questionable legal coercion and at heightened risk of unwarranted  
178 rehospitalization. Based upon a review of records and discussion with informants (both  
179 within the initial six-months and more recently), the Monitor has found that these orders  
180 for continuing court supervision are issued routinely, sometimes in the absence of an  
181 explicit clinical rationale and, commonly, without a record of why this is the least  
182 restrictive measure appropriate to the individual’s circumstances. Furthermore, these  
183 court orders can be remarkably vague, not only failing to specify the community provider  
184 that is responsible for delivering the court-ordered services, but also failing to specify  
185 what these services are. Notwithstanding such ambiguity, these court orders indicate that  
186 individuals who are outpatient committed can be re-hospitalized if they are not  
187 “amenable” to such treatment.

188 Delaware remains very much an outlier in its use of outpatient commitment, not only in  
189 comparison with neighboring states (where such orders are rarely, if ever, used) but also  
190 in comparison to New York, where outpatient commitment is used and well studied. As

191 at least a blunt measure of the overuse of court-ordered services in Delaware, following  
192 recent discussions with the Monitor, one major community provider determined that it  
193 was appropriate to terminate court supervision of about 40% of its clients who had active  
194 outpatient commitment orders.

195  
196 Recommendations:

197 1. Although recent legislative reforms will not come to be fully in effect for another  
198 year, pursuant to the Settlement Agreement the State launched a number of service  
199 improvements which should have a more immediate impact in reducing  
200 questionable hospital admissions and the attendant involvement of the judicial  
201 system. As a means of evaluating and improving the impact of these reforms, the  
202 Monitor recommends that the State track changes in the following measures:

- 203 a. Involuntary Hospitalizations
- 204 b. Voluntary Hospitalizations
- 205 c. Outpatient Commitment Orders

206 The Monitor recommends that these measures be evaluated not only with respect to  
207 the State's own baselines (perhaps using data from the past year or two) but also, to  
208 the extent that information is available, population-adjusted data from neighboring  
209 states. Such information is not only useful for Performance Improvement purposes,  
210 but can also provide stakeholders with an indication of the State's progress towards  
211 a more *Olmstead*-oriented service model.

212 Although these measures are fairly basic, the State's ability to collect and analyze  
213 such data is currently challenged by its inadequate electronic information systems.  
214 A fuller explanation of this problem and the need for immediate remedies is  
215 presented in a later portion of this report.

216 2. The State has begun to examine how, within the legislative and policy structures  
217 now in effect, it can improve documentation that is presented to Mental Health  
218 Commissioners (who issue orders for involuntary psychiatric treatment) so that the  
219 basis for court-ordered treatment—whether inpatient or outpatient—is more  
220 specific and includes clear information as to why less-restrictive measures are not  
221 seen as viable. The Monitor recommends that the State quickly move forward in  
222 this initiative, certainly because of its obvious legal implications, but also because  
223 requiring more explicit documentation can have the effect of reinforcing *Olmstead*-  
224 oriented decision making among the parties involved.<sup>2</sup> Furthermore, piloting

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<sup>2</sup> The Monitor notes that changes in documentation requirements are having a similar effect in reorienting the system towards housing and service models that promote integration see discussion relating to Section IV.B.1.

225 improved documentation may inform the work of the study group’s review of  
226 Delaware’s mental health laws, pursuant to House Joint Resolution 17.

227 3. In examining the Delaware’s decades-old mental health laws, the study group that  
228 was created through House Joint Resolution 17 will have the opportunity to make  
229 recommendations that build on House Bill 311 in further embedding the values and  
230 requirements of the ADA in practices within the State. The Monitor recommends  
231 that the diverse stakeholders the study group comprises give careful consideration  
232 to how further revisions in Delaware’s law can solidify the gains that are now being  
233 made pursuant to the Settlement Agreement.

234

235

236 2. Oversight of Psychiatric Hospitalizations:

237 The Monitor’s initial report noted that the State’s overly-complex arrangements for  
238 managing services to people with SPMI posed significant problems in assuring that  
239 appropriate interventions are provided, that rights are protected, and that public resources  
240 are utilized efficiently. Part of the problem is that there has not been a single point of  
241 accountability for public services to people with SPMI; instead, oversight is within  
242 DSAMH, within the State’s Medicaid program, within both, or shifting between the two  
243 entities. The consequences of this arrangement have been evident in a number of ways,  
244 including questionable use of hospital emergency departments and inpatient psychiatric  
245 beds, poor coordination of outpatient and inpatient services, and inpatient psychiatric  
246 admissions of individuals whose fundamental problems are substance abuse. The  
247 Monitor found that these problems in managing services not only compromised the rights  
248 of individuals on the Target Population List, but also had the effect of drawing on public  
249 resources for high-end services (such as hospital care) that are either preventable or  
250 unneeded. To a significant degree, the processes that sustain these inefficiencies appear  
251 to represent an accumulation of decades of policies and practices, rather than an overall  
252 plan to provide effective mental health services in accordance with the ADA and related  
253 laws.

254 During the past six months, the Monitor has regularly met with leadership in DHSS and  
255 DSAMH to discuss ways of enhancing the management of services and service-dollars.  
256 Several of the Monitor’s recommendations from the initial report have been addressed,  
257 for instance, House Bill 311 addresses financial incentives favoring involuntary  
258 treatment.

259 In addition, the State has expanded its staffing of the Eligibility and Enrollment Unit  
260 (“EEU”) by six staff members. Many of these positions have been filled and recruitment  
261 efforts are underway to bring the EEU to full staffing. The expansion in the EEU will  
262 allow this unit to apply eligibility and placement criteria to a broader range of services  
263 and to begin to perform Utilization Reviews in different service settings. Included will

264 be services to the over 1,300 individuals who were successfully transitioned from  
265 existing community programs into the new Assertive Community Treatment (“ACT”)  
266 and Intensive Case Management (“ICM”) programs that have been developed pursuant to  
267 the Settlement Agreement (they are discussed elsewhere in this report). Finally, with  
268 passage of House Bill 311, the EEU will have responsibility for tracking and managing  
269 all inpatient psychiatric care and community services for publicly-funded individuals  
270 with SPMI.

271  
272 Two issues of great importance to meaningful compliance with the Settlement Agreement  
273 are currently under discussion with DHSS and DSAMH:

- 274 • The most appropriate format for DSAMH’s system-wide Quality Assurance  
275 (“QA”) and Performance Improvement (“PI”) programs. QA and PI are related  
276 functions, but with distinct methods and goals; simply stated, QA looks back at  
277 services rendered and works to ensure conformity with standards, while PI draws  
278 on QA data and other sources with the aim of enhancing outcomes and efficiency.  
279 These functions are currently consolidated in a single DSAMH program. Given  
280 the new program expansions, changes in service structure, needs for refinement of  
281 policies and procedures, and demands for future planning, DSAMH is examining  
282 how to most effectively carry out these functions.
- 283 • Establishing a coordinated process for care management. Presently, responsibility  
284 for the oversight of services and reimbursement to individuals with SPMI is  
285 dispersed among DSAMH, Medicaid and Medicaid Managed Care Organizations.  
286 This not only presents problems in monitoring the flow of services and related  
287 expenditures, but also in assuring that all individuals on the Target Population  
288 List are appropriately afforded access to the array of services that are developed  
289 per the Settlement Agreement.

290 As discussions proceed and planning around these issues is solidified, the State will need  
291 to address an issue that is frequently referenced in this report: the data systems that are  
292 critical to effectively carrying out QA/PI and care management are not in place, and there  
293 are apparently bureaucratic hurdles to be overcome if appropriate IT systems are to be  
294 established.

295

296 Recommendations Carried Forward from the Initial Report:

- 297 1. In collaboration with the Monitor, the State should begin analyses of inappropriate  
298 admissions to DPC and the private psychiatric hospitals (“IMDs”). To further the  
299 expanded oversight by the EEU and to provide a basis for root-cause analyses,  
300 DSAMH should instruct DPC and IMDs to flag admissions of publicly-funded  
301 individuals where the need for inpatient psychiatric care is questionable.



302 2. In collaboration with the Monitor, the State should initiate a study of hospital  
303 emergency departments and how they deal with individuals who have substance  
304 abuse disorders and who do not have justifiable co-existing diagnoses of SPMI. The  
305 focus should be on developing a system of care that appropriately addresses their  
306 needs and that rectifies the current misuse of public psychiatric beds.

307

308 New Recommendations:

309 1. In the coming months, the Monitor plans to engage an expert consultant to evaluate  
310 the needs of DSAMH with respect to system-wide Performance Improvement and to  
311 make recommendations relating to the scope, key tasks and infrastructure needs.

312

313

314 **IV. Progress On Specific Provisions**

315

316 **A. Explanation of Ratings**

317 In this section, the Monitor presents brief summaries of the State’s progress in fulfilling  
318 specific provisions of the Settlement Agreement, particularly those with defined target  
319 dates. In accordance with the Settlement Agreement, for each goal the Monitor has made  
320 a determination as to whether the State is in “Substantial Compliance,” “Partial  
321 Compliance,” or “Noncompliance” (Section VI.B.3.g defines these ratings). Many of the  
322 provisions relate to what will be ongoing processes or interim steps toward long-range  
323 goals over the five years of implementation. The ratings presented below represent the  
324 State’s levels of compliance with each provision during the period July 15, 2011 through  
325 July 15, 2012.

326

327 **B. Evaluations of Compliance**

328

329 II.B.1-2 The Settlement Agreement requires the development of a “Target Population  
330 List,” as follows:

331 1. *The target population for the community services described in this section*  
332 *is the subset of the individuals who have serious and persistent mental illness*  
333 *(SPMI) who are at the highest risk of unnecessary institutionalization. SPMI is a*  
334 *diagnosable mental, behavioral, or emotional disorder of sufficient duration to*  
335 *meet diagnostic criteria and has been manifest in the last year, has resulted in*

336 *functional impairment which substantially interferes with or limits one or more*  
337 *major life activities, and has episodic, recurrent, or persistent features.*

338 2. *Priority for receipt of services will be given to the following individuals*  
339 *within the target population due to their high risk of unnecessary*  
340 *institutionalization:*

341 a. *People who are currently at Delaware Psychiatric Center, including those on*  
342 *forensic status for whom the relevant court approves community placement;*

343 b. *People who have been discharged from Delaware Psychiatric Center within the*  
344 *last two years and who meet any of the criteria below;*

345 c. *People who are, or have been, admitted to private institutions for mental*  
346 *disease ("IMDs") in the last two years;*

347 d. *People with SPMI who have had an emergency room visit in the last year, due*  
348 *to mental illness or substance abuse;*

349 e. *People with SPMI who have been arrested, incarcerated, or had other*  
350 *encounters with the criminal justice system in the last year due to conduct*  
351 *related to their serious mental illness; or*

352 f. *People with SPMI who have been homeless for one full year or have had four*  
353 *or more episodes of homelessness in the last three years*

354

355 **Partial Compliance.**

356 The Monitor's prior report referenced that, the importance of the Target Population List  
357 notwithstanding, constructing and maintaining this list has been a daunting task. As in  
358 other states, Delaware's public systems do not have data systems that were designed to  
359 communicate with each other. Many rely on outdated software and inefficient modes of  
360 data submission. This is the case not only across state departments, but also within DHSS  
361 and its various bureaucratic sections.

362 As was verified by an expert consultant hired by the Monitor to assist the State, DSAMH  
363 is using information technology that is not only insufficient to address the basic  
364 requirements of constructing a Target Population List, but it also lacks a capacity to  
365 access timely and accurate data that are essential to the overall monitoring and  
366 management of services that are referenced throughout the Settlement Agreement.  
367 Among other findings, the consultant noted that DSAMH collects important data that it  
368 cannot easily or meaningfully extract for routine oversight or long range planning. Data  
369 submission relating to services provided through its programs is a hodgepodge of  
370 electronic and paper transmissions, none of it in real time and much of it requiring  
371 manual entry and tedious error correction. Lacking an overall unified system, key  
372 information (for instance with regard to the disposition of hospital discharges and  
373 housing created pursuant to the Settlement Agreement) is maintained in spreadsheets

374 improvised by various staff members. DPC does not yet have a system for electronic  
375 medical records and DSAMH confronts bureaucratic barriers to introduce much needed  
376 improvements.

377 Based on the report of the Monitor's expert consultant, DSAMH will need help to  
378 expedite the procurement and implementation of an electronic health record and redesign  
379 of a database that can more appropriately provide data on individuals affected by the  
380 Settlement Agreement. The Monitor has learned that the State's restrictive IT security  
381 standards complicate the procurement of software products (among them, Electronic  
382 Health Records) that can vastly improve the efficiencies of service delivery and  
383 oversight.

384 That said, and acknowledging the significant effort required of DSAMH's IT staff, the  
385 State's Target Population List includes 6,373 unduplicated names as of May 31, 2012.  
386 The list includes individuals with SPMI who are receiving state-funded inpatient  
387 psychiatric care or who were admitted to such care during the two-year period prior to the  
388 date the Settlement Agreement took effect (representing about 3,000 admissions). For  
389 this same period, it includes 990 individuals with SPMI who have been homeless.  
390 Drawing from Medicaid claims data, it also includes information about 1,638 individuals  
391 who were admitted to emergency departments of general hospitals, apparently for  
392 treatment of issues attendant to SPMI (this required some inference based on diagnostic  
393 information, since there is apparently no distinct coding that would flag psychiatric  
394 emergency care in these settings). Although individuals who have received treatment at  
395 DPC under forensic orders are included on the Target Population List, DSAMH has not  
396 yet established mechanisms to access data relating to criminal justice involvement by  
397 individuals with SPMI. This is a significant gap in the database. And again, the status of  
398 DSAMH's IT systems is such that generating the critically important information to  
399 maintain and utilize the Target Population List is a labor-intensive enterprise, using  
400 information that is not consistently current.

401

402 Recommendations:

403 Because issues relating to information technology are central to this provision of the  
404 Settlement Agreement and are also intertwined with other provisions, the following  
405 recommendations have bearing on the State's fulfillment of other sections, as well.  
406 DHSS is aware that its IT systems are antiquated and siloed. A Department-wide  
407 overhaul of IT systems is already underway, with the goals of vastly improving access to  
408 information needed for oversight and decision making, and integrating information across  
409 DHSS's various Divisions. Because of the complexity of this process, the planned  
410 creation of a State Data Hub and other IT elements needed to fully achieve the  
411 Department's goals will not be immediate. At the same time, fulfillment of the

412 Settlement Agreement requires that some data issues be immediately addressed, likely  
413 through temporary measures as the State's longer-range IT improvements proceed.

- 414 1. DHSS should quickly move forward in resolving restrictions to accessing data from  
415 other state agencies, particularly the State's Department of Justice and Department  
416 of Corrections. Not only is this essential to fully meeting requirements relating to  
417 the Target Population List, but real-time criminal justice data about individuals on  
418 that list can enable mental health providers to intervene to prevent arrests and  
419 further involvement with the legal system. The Monitor is aware of electronic  
420 systems that are able to carry out this function while protecting the confidentiality  
421 of individuals receiving mental health services.
- 422 2. DHSS should consider the recommendations of the consultant engaged by the  
423 Monitor as it continues to refine plans for an upgrade of IT systems within DSAMH  
424 and other related Divisions.
- 425 3. Within the next few months, DHSS and DSAMH, in collaboration with the  
426 Monitor, should establish a working blueprint for addressing data requirements  
427 presented by the Settlement Agreement, including issues to be addressed in the  
428 long-range rebuild of the State's data systems and interim measures that will  
429 address the immediate IT needs.

430

431 III.A.1 *Crisis Hotline: By January 1, 2012 the State will develop and make available a crisis*  
432 *line for use 24 hours per day, 7 days per week.*

433

434 **Substantial Compliance.**

435 The Crisis Hotline is in place and is operational around the clock, as evidenced by  
436 random quality checks. DSAMH has promulgated information about the Crisis Hotline  
437 by distributing postcards through its peer-specialist and provider networks, and through  
438 advertising panels at major shopping malls in the state.

439

440 III.B.1 *Mobile Crisis Services: By July 1, 2012 the State will make operational a sufficient*  
441 *number of mobile crisis teams such that a team responds to a person in crisis*  
442 *anywhere in the state within one hour.*

443

444 **Partial Compliance.**

445 During the initial four months of this calendar year, mobile crisis teams responded to a  
446 monthly average of 40.5 emergencies statewide, 70% of which occurred in New Castle  
447 County with the remainder roughly equally divided between the two southern counties.  
448 The State has not been tracking the specific time it takes for mobile crisis staff to

449 physically arrive to intervene in emergencies, but it reports that staff members are  
450 deployed on average within 13 minutes of the a request for assistance and they return to  
451 base on average within about two hours. Assuming that a face-to-face intervention lasts  
452 around one hour, and considering the State’s small geographic size, it is possible that the  
453 state is meeting the one-hour requirement specified in the Settlement Agreement.  
454 Looking forward, the State should directly measure compliance with this provision.

455 The Monitor notes that there are as many as seven vacancies for related positions within  
456 the Kent and Sussex Counties, in large part as a result of the competition for qualified  
457 mental health staff associated with the new programming that is being developed there  
458 under the Settlement Agreement and the reality that such positions are hard to fill due to  
459 the level of education and experience required. It is unclear how these vacancies are  
460 affecting the mobile crisis response in those counties, where requests now average only  
461 slightly more than one per week, and how demand may change as the Ellendale facility  
462 (discussed immediately below) reaches its full impact in the region.

463 Recommendations:

- 464 1. As referenced in the above section, the State needs to improve its capacity for data  
465 collection and management, including its ability to capture data reflecting the time  
466 between receipt of a request for crisis intervention and the arrival of staff on the  
467 scene.
- 468 2. In order to ensure that resources are appropriately in place statewide, data relating  
469 to response times should be tracked on a county-by-county basis, including day,  
470 time of day, and specific responders.

471  
472 III.C.1 *Crisis Walk-in Centers: In addition to the crisis walk-in center in New Castle County*  
473 *servicing the northern region of the State, by July 1, 2012, the State will make best*  
474 *efforts to make operational one crisis walk-in center in Ellendale to serve the southern*  
475 *region of the State. The crisis center in Ellendale shall be operational no later than*  
476 *September 1, 2012.*

477  
478 **Substantial Compliance.**

479 Renovations to the Ellendale Crisis and Psychiatric Assessment Center (“CAPAC”) were  
480 completed on June 25, 2012. The State contract for the program was awarded to  
481 Recovery Innovations and, as of the time of this report, that new provider is training staff.  
482 In keeping with the timeline in the Settlement Agreement, CAPAC will be fully  
483 operational by September 1, 2012. The Ellendale site is now providing at least limited  
484 crisis services on a 24-hour basis, 7 days per week to Delaware’s southern counties, in  
485 partnership with the State’s Mobile Crisis Intervention Team.

486

487 III.D.1 *Crisis Stabilization Services* By July 1, 2012 the State will ensure that an intensive  
488 *services provider meets with every individual receiving acute inpatient crisis*  
489 *stabilization services within 24 hours of admission in order to facilitate return to the*  
490 *community with the necessary supports and that all transition planning is completed*  
491 *in accordance with Section IV.*

492

493 **Substantial Compliance.**

494 Currently, crisis stabilization services occur within Crisis and Psychiatric Emergency  
495 Services (“CAPES”), the psychiatric crisis center serving northern Delaware that is  
496 located within Wilmington Hospital-Christiana Care. As is discussed above, in  
497 September, 2012, a crisis center serving the lower counties will open in Ellendale.  
498 CAPES presently has a bed capacity of 5 beds, and CAPAC will have 6 beds.  
499 Approximately 75% of individuals who are admitted to CAPES stay less than eight  
500 hours. When individuals are being served by community programs, staff at CAPES  
501 consults with the providers as a part of the assessment process and the determination of  
502 an appropriate disposition. Based on the Monitor’s review, individuals are receiving  
503 appropriate transition planning. The Monitor will review practices at CAPAC when that  
504 facility is operational.

505

506 III.E.1 *Crisis Apartments: By July 1, 2012 the State will make operational two crisis*  
507 *apartments.*

508

509 **Substantial Compliance.**

510 As of this report, community providers statewide have a capacity to access up to six crisis  
511 apartments and to provide associated short-term services, thereby exceeding the capacity  
512 required by the Settlement Agreement. As new services come to be fully operational (for  
513 instance, statewide mobile crisis) and new and existing providers assume roles in the  
514 reorganized system, the Monitor will evaluate how these crisis beds are being used.

515

516 III.F.1 *Assertive Community Treatment: By July 1, 2012 the State will expand its 8 ACT teams*  
517 *to bring them into fidelity with the Dartmouth model.*

518

519 **Substantial Compliance.**

520 The State is exceeding the requirements of this provision, having awarded contracts for  
521 ten ACT teams statewide, all under contract and fully operational as of this report. The  
522 parties to the Settlement have agreed that in place of the Dartmouth operational

523 standards, these teams will demonstrate program fidelity through the Tool for  
524 Measurement of Assertive Community Treatment (“TMACT”), a newer assessment  
525 instrument with enhanced requirements for person-centered services and recovery  
526 planning. During the coming year, the Monitor will evaluate the performance of the new  
527 ACT teams, some of which represent new providers in the state.

528

529 III.G.1 *Intensive Case Management: By July 1, 2012 the State will develop and begin to utilize*  
530 *3 ICM teams.*

531

532 **Substantial Compliance.**

533 The State has surpassed this target. As of mid-May, contracts for five Intensive Case  
534 Management teams had been awarded. As of this report, these teams are fully functional  
535 in New Castle County and have begun operations in Kent and Sussex Counties. During  
536 the coming year, the Monitor will be evaluating their performance.

537

538 III.H.1 *Case Management: By July 1, 2012 the State will train and begin to utilize 15 case*  
539 *managers.*

540

541 **Partial Compliance.**

542 In late 2011, the State issued a Request for Proposals (“RFP”) for Targeted Care  
543 Management (“TCM”) in fulfillment of this provision, but received only one response.  
544 In March, it reissued an RFP with revised specifications, and a contract with a provider is  
545 currently being finalized to provide for 11 case managers with caseloads to be at a level  
546 of 1:25. These caseloads are much lower than had been anticipated, but they reflect  
547 DSAMH’s assessment of the complex needs of the individuals being served. As a result  
548 of contracting issue, there has been an understandable delay in fully implementing TCM  
549 statewide—not attributable to the State’s lack of effort—until the beginning of  
550 September, 2012. At the same time, 4.5 TCMs are active on the acute care units of DPC,  
551 serving as liaisons to the community for approximately 90 individuals at any point in  
552 time. In addition to these 15.5 TCM positions, DSAMH’s contracts with ACT providers  
553 include a requirement for peer specialists (one per team), whose work complements that  
554 of the case managers.

555

556 III.I.1 *Supported Housing: By July 11, 2011, the State will provide housing vouchers or*  
557 *subsidies and bridge funding to 150 individuals. Pursuant to Part II.E.2.d., this housing*  
558 *shall be exempt from the scattered-site requirement*

559 III.I.2. *By July 1, 2012 the State will provide housing vouchers or subsidies and bridge funding*  
560 *to a total of 250 individuals.*

561

562 **Substantial Compliance.**

563 As was reported in the prior report, the State has identified 150 individuals who live in  
564 semi-integrated housing and it continues to provide supports allowing these individuals to  
565 live successfully in these settings. In some instances, individuals in this group have been  
566 able to move to more integrated supported housing.

567 The Settlement Agreement requires that as of July 1, 2012, the State fund integrated  
568 housing for an additional 100 individuals. As of this report, the State has exceeded this  
569 goal. Funding for an additional 151 vouchers has been approved for individuals on the  
570 Target Population List through a combination of programs through HUD, DSAMH, and  
571 the Delaware State Rental Assistance Program (“SRAP”). These vouchers have enabled  
572 91 individuals to move into integrated housing, and the additional 60 individuals are in  
573 various stages of transition. The Targeted Population List provides some information as  
574 to which priority subpopulations (defined above in relation to Section II.B.2) have  
575 benefited from these housing expansions (Individuals may be reflected in more than one  
576 category):<sup>3</sup>

|     |                                      |       |
|-----|--------------------------------------|-------|
| 577 | DPC.....                             | 21.9% |
| 578 | IMD.....                             | 23.8% |
| 579 | Emergency Department Treatment ..... | 19.2% |
| 580 | Homeless.....                        | 25.2% |
| 581 | Inpatient History + Inappropriately  |       |
| 582 | Housed per Community Program .....   | 33.8% |

583 The Monitor’s visits to several such individuals in New Castle County have affirmed that  
584 housing and related supports are, indeed, consistent with the requirements of the  
585 Settlement Agreement. Individuals with SPMI who would otherwise be living in  
586 institutions or congregate settings that segregate them from the community mainstream  
587 are now living in nice, scattered-site apartments in ordinary apartment complexes with  
588 the flexible array of community supports that is helping them meet their personal goals.  
589 It is evident that these individuals (and the providers who assist them) rightly feel a sense  
590 of pride in making the goals of the ADA something beyond mere aspirations and  
591 demonstrating the true capacities of these Delawareans. During the coming year, the  
592 Monitor will continue to assess the State’s progress with respect to this pivotally

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<sup>3</sup> As discussed elsewhere, criminal justice information is not yet incorporated in the Target Population List



593 important provision, particularly in the southern counties where housing and supports  
594 have historically been a special challenge.

595 Comment:

596 It is noteworthy that the DHSS and DSAMH have not only been working to fulfill the  
597 quantitative requirements of the Settlement Agreement relating to integrated housing, but  
598 they have also taken a leadership role in ensuring that relevant policies and practices are  
599 aligned across State departments. For example, Cabinet Secretary Landgraf and  
600 Delaware State Housing Authority (“DSHA”) Director Anas Ben Addi successfully  
601 negotiated changes in the SRAP program to remove barriers that particularly  
602 disadvantaged individuals on the Target Population List in qualifying for housing  
603 vouchers.

604  
605 Furthermore, Secretary Landgraf and Director Huckshorn have been instrumental in  
606 launching an initiative to examine existing congregate housing in order to identify  
607 opportunities to “retool” this housing stock to comport with the ADA’s integration  
608 requirements. The development of much of this housing either pre-dated the ADA or was  
609 based on funding programs that were not structured around the ADA. Because federal  
610 disability protections apply to a larger population of Delawareans than is the focus of the  
611 Settlement Agreement, the State has broadened discussions about housing  
612 reconfiguration to include individuals with developmental, intellectual and physical  
613 disabilities, as well as stakeholders concerned with older adults and homeless individuals.  
614 DHSS has engaged leadership from DSHA and the federal Department of Housing and  
615 Urban Development in this initiative. The goal is to develop an ADA-consistent master  
616 plan for integrated housing that spells out actions that can be taken long-range and in the  
617 more immediate term to expand opportunities for ordinary mainstream housing.

618  
619 These two initiatives have great significance. The changes in SRAP policy reflect the  
620 goals of the Governor, the Cabinet Secretary and other leadership in the State to not only  
621 fulfill the State’s specific obligations under the Settlement Agreement, but to also ensure  
622 that public programs in Delaware comply with the ADA’s wider requirements. The  
623 development of an *Olmstead*-oriented master plan for housing individuals with  
624 disabilities speaks to the enduring commitment of the State to promote meaningful  
625 integration of its citizens with disabilities well beyond the expected five-year period of  
626 implementing this Settlement Agreement. Leadership within Delaware should be  
627 commended for these measures.

628

629 III.J.1 *By July 1, 2012 the State will provide supported employment to 100 individuals per*  
630 *year.*

631

632 **Substantial Compliance.**

633 The State is surpassing this requirement. Because DSAMH’s contracts with Community  
634 Continuum of Care Programs (“CCCPs”), included supported employment as a part of  
635 the service package, a majority of the 1,300 individuals they served received these  
636 services. Pursuant to the Settlement Agreement, these programs reformulated as ACT  
637 teams, with supported employment services remaining a contractual element. The  
638 Delaware Department of Labor, Division of Vocational Rehabilitation has contracted  
639 with each of the ACT teams to strengthen the supported employment services provided.  
640 It is noted that supported employment is included among the services offered to the 151  
641 individuals for whom new integrated housing was funded (see discussion of Section  
642 III.I.1-2).

643 The success of these programs is evidenced in the number of individuals currently in  
644 competitive employment. As of July 1, 2012, 49 individuals on the Target Population  
645 List have been in supported employment for 90 days, and an additional 79 individuals  
646 have been in supported employment for at least 10 days. Although on their face, these  
647 numbers may appear small, unemployment among people with SPMI is astronomically  
648 high nationwide and the State is building on an admirable record of making vocational  
649 services and employment opportunities available to this population. There is an  
650 expectation that DSAMH’s data collection regarding supported employment will improve  
651 in the coming year as a function of the reporting requirements of the new ACT and  
652 Community Re-Integration Project (“CRISP;” discussed in Section IV.A) programs. The  
653 Monitor plans to conduct interviews with a sample of individuals in supported  
654 employment during the coming months.

655

656 III.K.1 *By July 1, 2012 the State will provide rehabilitation services to 100 individuals per*  
657 *year.*

658

659 **Substantial Compliance.**

660 As is the case with regard to supported employment, DSAMH’s core database relating to  
661 rehabilitation services is derived from reports of providers working under the old CCCP  
662 contracts. These generic reports show that 1,395 individuals with SPMI received some  
663 level of community-based rehabilitation services. Unlike supported employment, where  
664 the impact of services can be measured at least bluntly in the number individuals in  
665 gainful employment, the existing data capacities with respect to rehabilitation services are

666 very limited. Information regarding the provision of rehabilitation services and service  
667 outcomes should improve through reporting by the new ACT teams (which replaced the  
668 CCCPs) and CRISP, particularly if the State makes the much needed improvements in its  
669 IT systems that are referenced throughout this report. Although information about the  
670 provision of rehabilitation services over the past year is general, the State has met its  
671 numeric targets. The Monitor plans to conduct more targeted assessments of this service  
672 requirement during the coming months.

673

674 III.L.1 *By July 1, 2012 the State will provide family or peer supports to 250 individuals per*  
675 *year.*

676

677 **Substantial Compliance.**

678 The State is exceeding its targets with respect to family and peer supports. Between the  
679 July 1, 2011 and the date of this report, a total in excess of 416 individuals have received  
680 or are receiving such services. These include: 30 inpatients at DPC and served by the  
681 hospital's peer program; 49 individuals receiving the services of Bridge Peers, who assist  
682 in transition to community living; 250 peers served at the peer-operated Rick VanStory  
683 Center in Wilmington; 57 peers served at the Open Door Peer Support Center in  
684 Wilmington; 30 individuals receiving supports through the Sussex Drop-in Centers; and  
685 an additional number of individuals (unavailable as of this report) who receive supports  
686 through the drop-in center located in Dover.

687 During the past six months, the Monitor has had an opportunity to visit the Rick  
688 VanStory Center and to meet with its director, to hear first-hand from individuals now  
689 living in integrated housing about the benefits of Bridge Peers, and to meet fairly  
690 regularly with the Peer Specialists at DPC. The State has made considerable strides in  
691 expanding the role of peers in these settings, as well as in its new ACT teams.

692 The Peer Specialists at DPC have been active advocates, not only in individualized work  
693 with people who are hospitalized, but also in identifying systemic issues, such as those  
694 relating to questionably restrictive practices and poor coordination in implementing  
695 arrangements for discharge. Under the leadership of Gayle Bluebird, the DPC Peer  
696 Services Director (who is nationally known for her work), they also are doing impressive  
697 work in the area of trauma, producing a plain-language booklet illustrated with works by  
698 peer artists, entitled "What You Need to Know About Trauma."

699

700 IV.A *Assessment and Placement of People Currently in Institutional Settings*

701

702 **Not Rated.** (Ratings of provisions in Section IV with specific implementation milestones  
703 appear below.)

704 This section of the Settlement Agreement lays out processes for evaluating the  
705 capabilities and needs of individuals who are institutionalized, with the goal of moving  
706 people who do not require an institutional level of care into community settings that  
707 maximize integration. During the initial six months of implementation, DSAMH’s  
708 “Barrier Busters” committees—comprising DPC staff, community providers and peers—  
709 focused on individuals who are on the hospital’s long-term care units. Typically, these  
710 individuals have very longstanding problems attendant to SPMI, often with co-occurring  
711 physical health issues, substance abuse and legal challenges. Consistent with the  
712 Settlement Agreement, Barrier Busters was highly successful in not only problem-  
713 solving, but also reorienting transition planning for this population towards a strength-  
714 based model of community integration. The Barrier Busters committees (one for New  
715 Castle and one for the two southern counties) strengthened the collaboration between  
716 hospital staff, community providers and peer specialists and laid the groundwork for the  
717 mindset that is now gaining traction system-wide, whereby an individual is presumed  
718 appropriate for integrated supported housing unless otherwise demonstrated.

719 Understanding the sometimes unique needs of the long-term care population that was the  
720 focus of Barrier Busters—reflecting not only clinical complexities, but also dependencies  
721 that are encouraged by protracted institutionalization—the State developed a new  
722 program model for the community integration of these individuals, issuing contracts to  
723 two providers. The Community Re-Integration Project (“CRISP”) is a capitated, shared-  
724 risk initiative which allows these community providers great flexibility in delivering  
725 traditional and innovative services and supports in integrated settings. Part of the CRISP  
726 contracts, which were modeled after another state’s successful initiative, hold the  
727 involved providers financially responsible for any post-discharge visits to emergency  
728 rooms or admission to inpatient psychiatric care. CRISP will become fully operational  
729 during the coming months, with each program serving 50 individuals. It is anticipated  
730 that the program will result in at least 50 additional discharges from DPC’s long term  
731 care units. CRISP will also support other individuals with SPMI who may be in the  
732 community, but who are high risk for hospitalization at DPC because they have had  
733 difficulties engaging in recovery services. As is discussed below, the introduction of  
734 CRISP, as well as new processes attendant to transition planning has resulted in DSAMH  
735 restructuring how it carries out the centralized special transition functions that had been  
736 the focus of Barrier Busters.

737

738 IV.B.1 *Implementation of Transition Assessments and Placement: Within 30 days of the*  
739 *signing of the agreement the State will re-assess all individuals currently in*  
740 *institutional settings.*

741

742 **Substantial Compliance.**

743 The provisions of the Settlement Agreement relating to transition planning are  
744 particularly significant to the State’s efforts to reorient its systems in support of the  
745 community integration required by the ADA. In Delaware (and elsewhere), longstanding  
746 practices relating to service planning were built around a “levels of care” framework  
747 whereby an individual with SPMI would be matched to the setting regarded as most  
748 consistent with his or her needs—for instance, group homes, nursing homes, or  
749 supervised apartments. At least in theory, the individual would move through the  
750 established levels of care as needs changed. The Settlement Agreement reflects the  
751 recognition that this outdated service model tends to perpetuate institutional segregation,  
752 in part because service planning is constructed around settings that were state-of-the-art  
753 well before the ADA was enacted and when the principal goal was downsizing massive  
754 state hospitals.

755 Consistent with the ADA’s goal of ending segregation based on disability, the Settlement  
756 Agreement specifies a very different model, requiring that “...assessment shall begin  
757 with the presumption that with sufficient supports and services, individuals can live in an  
758 integrated community setting.”<sup>4</sup> The Settlement Agreement clearly describes an  
759 integrated setting as one where “...people with SPMI can live like the rest of  
760 Delawareans, in their own homes, including leased apartments, homes or living with  
761 family”<sup>5</sup> and includes specific parameters to prevent the new development of settings  
762 where people with SPMI are intentionally clustered with other individuals who have  
763 disabilities. These requirements are a departure from many of the housing, service and  
764 assessment models that have been utilized in Delaware and nationwide over the past  
765 decades.

766 Pursuant to the Settlement Agreement, the State has developed an innovative protocol for  
767 assessing individuals based first on a presumption of integrated living and, when this is  
768 not feasible (e.g., in light of the intensity of an individual’s needs) or consistent with the  
769 individual’s informed choice, for analyzing and reviewing alternative plans. The  
770 consequence has been a dramatic, laudable shift in how service planning is being  
771 conducted; this is evidenced in the growing number of individuals with SPMI moving  
772 from segregated settings to integrated supported housing (see discussion below relating to  
773 Sections III.I.1-2).

---

<sup>4</sup> Settlement Agreement, Section IV.A.1.b

<sup>5</sup> Settlement Agreement, Section II.E.1.a

774 This change in culture and practice can be fairly described as cutting-edge. It has  
775 required creative thought, input from a variety of stakeholders, and flexibility to change  
776 approaches midstream. While the State’s efforts relating to assessment and transition  
777 planning properly remain a work in progress, the traditional “defaults,” whereby  
778 individuals with SPMI were routinely placed into segregated specialized settings clearly  
779 have been supplanted by planning that is oriented towards integration.

780 At the same time, implementation of the Settlement Agreement over the past year has  
781 revealed a need to clarify how some provisions will be addressed if the shift toward  
782 integrated living is to be fully realized. DPC serves two different populations:  
783 individuals with SPMI who are on long-term care units and have sometimes been  
784 hospitalized for years, and individuals who are admitted for short-term acute care.<sup>6</sup> The  
785 IMDs, which account for the largest number of hospital admissions in the state,  
786 essentially serve the latter population. Individuals in these settings are in acute mental  
787 health crises and have lengths of stay of approximately 5-7 days.

788 The Monitor has found that the protocol for integrated transition planning that was  
789 developed at DPC is working well, particularly on its long-term care units. There is an  
790 increasingly collaborative (and well documented) partnership of DPC staff, community  
791 providers and the person being served to construct and implement supported housing  
792 plans. As the State’s new CRISP program, which targets this population, ramps up, it is  
793 anticipated that larger numbers of individuals on the long-term care units will be moving  
794 to settings that maximize community integration.

795 Piloting this model within acute care settings (both at DPC and in the IMDs) has worked  
796 less well. The Monitor conducted random reviews of clinical records of individuals  
797 recently admitted to DPC for acute inpatient care. In 100% of the cases, the new protocol  
798 for transition plans based on a presumption of integrated living was completed with  
799 participation by the individual being served and the community provider. At the same  
800 time, individuals are in these settings only briefly and, given that they are in immediate  
801 psychiatric crises, they may not be in a position to meaningfully participate in person-  
802 centered planning regarding their preferred integrated setting. Although many may be  
803 desirous of and appropriate for integrated supported housing, their immediate concern is  
804 likely to be getting back home, even if that home is a non-integrated setting.

805 Considering all of the above, the Parties agree that requirements of the Settlement  
806 Agreement relating to transition planning and access to supported housing can be  
807 meaningfully achieved if operationalized as follows:

- 808 a. The assessment and transition planning for individuals on DPC’s long term care  
809 units will continue as is.

---

<sup>6</sup> DPC also serves a forensic population, which is not being considered here.

- 810 b. For individuals receiving publicly funded acute inpatient care in DPC or an IMD,  
811 the designated community provider will take on greater responsibility for  
812 conducting and implementing a person-centered assessment, including an  
813 integrated housing assessment that is consistent with the protocol in use on DPC's  
814 long-term care units. Depending upon an individual's circumstances, this  
815 assessment may occur while the individual is hospitalized or subsequently, but in  
816 all instances the hospital record will show how, by whom and when the transition  
817 planning is to be conducted.
- 818 c. For individuals who are receiving publicly funded acute inpatient care and who  
819 lack appropriate housing upon discharge, the designated community provider will  
820 assure access to alternatives [such as "Haven Housing" (transient housing in  
821 unused group home beds) or crisis apartments] where they can live while  
822 integrated housing needs are assessed and plans are implemented.

823

824 Recommendation:

- 825 1. Through its system-wide Quality Assurance ("QA") program, DSAMH should  
826 carefully monitor transition planning and implementation, particularly in instances  
827 where such planning occurs in the community following discharge from acute  
828 inpatient care. In all instances, the hospital record should either include a transition  
829 assessment consistent with what is being successfully utilized at DPC, or else a  
830 specific plan for carrying out such an assessment shortly following discharge.
- 831 2. Through its system-wide QA, DSAMH should monitor discharge arrangements  
832 from acute inpatient care (both at DPC and the IMDs) to ensure that individuals are  
833 not being discharged to homelessness, shelters or unstable housing situations and  
834 that Haven Housing, crisis apartments and other arrangements are being  
835 appropriately used while permanent housing needs are evaluated and addressed.
- 836 3. Data from the QA monitoring of the use of such temporary housing arrangements  
837 should be used to inform DSAMH about the adequacy of its current capacity to  
838 prevent discharges to homelessness, shelters or other unstable living arrangements  
839 and whether additional development is needed.
- 840 4. Given the positive impact of the new transition planning protocols at DPC, both in  
841 individual service planning and in supporting a shift in culture towards an *Olmstead*  
842 orientation, DSAMH should promote the routine use of these assessments (or a  
843 variation thereof) within the community programs it funds.

844

845 IV.B.2. *Within 60 days of the signing of the agreement the State will make operational*  
846 *transition teams including community provider and peer representatives.*

847

848 **Partial Compliance.**

849 The Monitor’s review of records within DPC and discussions with Peer Specialists and  
850 other informants confirm that transition teams are operating with participation by  
851 community providers and peer representatives. DSAMH currently monitors  
852 hospitalizations for individuals who are admitted to DPC or involuntarily admitted to  
853 IMDs. In the coming year, its oversight will be expanded to all publicly-funded  
854 individuals with SPMI who are admitted to these facilities.

855

856 **Recommendation:**

- 857 1. As a part of its system-wide QA, DSAMH should expand its monitoring to ensure that  
858 transition teams in IMDs appropriately include community providers and peer  
859 representatives for all publicly-funded hospitalizations for individuals with SPMI.

860

861 IV.B.3. *Within 60 days of the signing of the agreement the State will make operational a*  
862 *central specialized transition team including community provider and peer*  
863 *representatives.*

864

865 **Substantial Compliance.**

866 As was discussed in regard to Section IV.A, Barrier Busters was phased out as the central  
867 specialized transition team. DSAMH meets regularly with the ACT and CRISP providers  
868 to resolve problems in care. In addition, it is building on an effective model that it has  
869 devised at DPC to ensure that individuals who present challenges in discharge to an  
870 integrated setting are identified, that additional consultation is provided as needed, and  
871 that discharges to living arrangements that are not integrated are appropriately reviewed.  
872 Other than for individuals who are returning to their congregate living arrangement  
873 following brief hospitalization, DPC has initiated a special addendum to its transition  
874 planning packet (discussed above, and including participation by the individual being  
875 served and the community provider) in instances where a disposition of a non-integrated  
876 setting is being recommended. This form, in combination with other information relating  
877 to discharge planning, is the basis for reviewing either problems in implementing an  
878 appropriate plan or a proposed discharge to a setting such as a group home. It documents  
879 the types of community living arrangements that were discussed with and offered to the  
880 individual, and the reasons (including the individual’s informed choice) that integrated  
881 housing is not being pursued. It specifically requires information relating to “serious



882 medical physical illness that requires consistent monitoring including, but not limited to:  
883 inability to ambulate, problems with other bodily functions, chronic orthostatic  
884 hypotension, brittle diabetes, wounds requiring frequent care, dementia...” that might  
885 justify a special living arrangement. The form is reviewed by a Peer, a Peer Supervisor,  
886 the Director of Professional Services and the Director of DPC before it is forwarded to  
887 the DSAMH Director and the Court Monitor. At any point, when further information or  
888 discussion is required a meeting of relevant parties can be convened. The Monitor has  
889 found that this overall process not only affords appropriate protections against the  
890 inappropriate reliance on segregated living arrangements for individuals on the long term  
891 care units of DPC, but it has also had the additional advantage of encouraging staff and  
892 other stakeholders to critically examine what had been engrained practices that are in  
893 conflict with the ADA.

894 As is discussed in regard to Section IV.B.1, this process will now be extended to  
895 individuals with SPMI receiving publicly-funded inpatient services at IMDs, with the  
896 designated community providers taking a prominent role.

897

898 Recommendations:

- 899 1. DSAMH should expand its QA functions to assure that transition planning in all  
900 inpatient settings occurs in compliance with the Settlement Agreement and that  
901 reviews and assistance by the centralized transition team are occurring system wide.
- 902 2. DSAMH should improve its electronic data systems to ensure that it is capturing real-  
903 time information relevant to transition planning, including such factors as individuals’  
904 living arrangements at the time of hospital admission, whether the discharge is to an  
905 integrated setting and whether reviews of discharges to non-integrated settings are  
906 taking place appropriately.

907

908 IV.B.5 *By July 1, 2012 the State shall develop a program to educate judges and law*  
909 *enforcement about community supports and services for individuals with mental*  
910 *illness on forensic status.*

911

912 **Substantial Compliance.**

913 DSAMH leadership met with all of the superior court judges and commissioners who are  
914 routinely involved with DSAMH clients at their annual retreat in April, 2012, presenting  
915 information on the ADA, the Settlement Agreement and changes underway in the service  
916 system. In June, Superior Court Judge Jan Jurden, who oversees the mental health court,  
917 hosted a meeting including the Monitor, leadership from DSAMH, legal advocates and  
918 court personnel. The intent was to review the implementation of the Settlement  
919 Agreement and its implications for the probation and diversion cases that come before

920 Judge Jurden’s court. The meeting served as a beginning to what is expected to be an  
921 ongoing a dialogue around the factors that bring individuals with SPMI—and many with  
922 co-occurring substance abuse—into contact with the criminal justice system and how  
923 mental health programs might improve their effectiveness in averting this outcome.

924

925 V.B.4-5 *Quality Assurance and Performance Improvement: If harm occurs despite these*  
926 *measures, the responsible State, IMD or community provider will complete a root*  
927 *cause analysis within 10 days. Using the results of the root cause analysis, the State,*  
928 *IMD or community provider will develop and implement a corrective action to prevent*  
929 *future harm.*

930

### 931 **Substantial Compliance.**

932 At the time the Monitor’s initial six-month report was being finalized, a serious event  
933 occurred at DPC, involving a patient-on-patient assault that did not result in life-  
934 threatening injuries. DSAMH had not yet completed its root cause analysis at the time  
935 the report was issued. This analysis, which was provided to the Monitor shortly  
936 thereafter, was thorough and well done. It did not identify an underlying systemic  
937 problem at DPC, and staff on the unit evidently responded quickly and competently to the  
938 resultant medical emergency.

939 No other significant incidents of harm have been since reported at DPC or the IMDs.  
940 During the review period, DSAMH received a total of 7 reports of possible abuse, neglect  
941 or harm in community programs through the State’s “PM-46” process. Three of the  
942 associated investigations determined the allegations to be unsubstantiated; the remaining  
943 four remain under investigation. All occurred in group home settings, and none involved  
944 issues of serious harm.

945

### 946 **V. Summary**

947 As is clearly evidenced in this report, the State of Delaware has made impressive gains  
948 over the past year, not only in achieving the specific intermediate targets required by the  
949 Settlement Agreement, but also in taking steps to establish enduring ADA-oriented  
950 practices in its service systems. Although this Settlement Agreement focuses specifically  
951 on individuals who have serious mental illnesses, the State’s increasing actions to engage  
952 in implementation efforts other populations covered by the ADA (e.g., individuals with  
953 physical, developmental or intellectual disabilities) and relevant divisions of state  
954 government beyond DHSS and DSAMH demonstrates an appreciation of the importance  
955 of the ADA among Delaware’s leadership.

956 Because of the scope of new programming and other organizational changes required in  
957 the first year of implementation, this has been a challenging period. The coming years  
958 require far less in terms of launching new types of programs, and much more in regard to  
959 refining the State's new array of services and bringing these services to full fruition.  
960 Important to this undertaking will be a continuation of the ingenuity and effort that  
961 Delaware's stakeholders have shown during the past year.

962

963 Respectfully Submitted,

A handwritten signature in black ink, appearing to read "Robert Bernstein". The signature is written in a cursive, flowing style with a large initial "R".

964

965 Robert Bernstein, Ph.D.

966 Court Monitor